

## **COMING BACK FROM BEING DOWN** *Psalm 51:1-19*

### **INTRODUCTION:**

This *Psalm* came about as a result of David's sin with Bathsheba. He committed adultery, then in an effort to cover that up he committed murder. After a while, David was confronted about his sin by Nathan the prophet. It was only after his sins were made public that David chooses to repent. It was during this time of repentance and soul searching that David wrote this *Psalm*. In these verses, he expresses the heartfelt need of a believer to be right with God.

To make this personal, let me say that Satan tempts us to sin by telling us, "You can get by with it!" or "No one will ever know about it!" Then, when you give in and sin he says, "You'll never get away with it, everyone is going to find out!"

If you are saved the devil knows that he cannot have your soul, but he does seek to get you down, discouraged and defeated. He enjoys leading Christians into a backslidden condition, and then convincing them they will never be able to get back up again.

Thank God, the devil is a liar! The Bible plainly teaches us that we can come back when we are down. It tells us how and we need to look at this and if your life is not what it should be may the Lord enable you get back up today.

### **I. THE CAPABILITY FOR SIN IN THE CHILD OF GOD**

- A. Salvation Saves The Sinner, But Does Not Take Away His Ability To Sin, *Romans 6:14; I Corinthians 10:13*
- B. Any Child Of God Who Claims Total Sinless Perfection Is In A Terrible State Of Self-Deception - *I John 1:8-10*.
- C. Sin Cannot Take Away Our Salvation, But It Does Tear Us Down Spiritually And Emotionally. As Long As We Occupy These Bodies, There Will The Capacity For Sin - Note David - *Acts 13:22*.

### **II. THE COST OF SIN FOR THE CHILD OF GOD:**

*Psalm 51* was written by a sinning child of God. He knew full well the consequences and he begins with a plea for mercy. Never, ever be deceived, sin carries its own pain - *Proverbs 13:22*. Notice these certain consequences of sin.

- A. *Verse 2* - Sin Soils The Saint - David seeks cleansing.
  - 1. Sin will make the saint feel dirty.
  - 2. The lost person will have no difficulty with sin
    - a. The pig - *II Peter 2:22*.
    - b. The child of God will not be able to sin a get by with it!

**B. Verse 3 - Sin Saturates The Mind - David's Sin Was Always On His Mind!**

1. A lost person can sin and forget it, but the Christian will have that sin on his mind until it is dealt with!
2. The Holy Spirit which dwells in our heart will not allow us to forget it - **Psalm 34:4** - Guilt will eat you up.
  - a. But, it doesn't have to!
  - b. Jesus offers cleansing and forgiveness! - **I John 1:9**

**C. Verse 4 - Sin Stings The Conscience**

1. David hurt a lot of people in his fall, but ultimately his sin was against a Holy God!
2. David was broken because he had hurt God! This is the difference between a lost and a saved person.
3. A true Christian weeps not over the consequences of his actions, but because he has brought shame upon his Heavenly Father!

**D. Verses 8, 12 - Sin Saddens The Heart - David Has Lost His Joy And Wants It Back!**

1. If you are saved, sin will make you the most miserable person on the face of the earth.
2. You cannot live in a backslidden condition and expect to have happiness.
3. If true joy is missing in your life, it is because something has gotten between you and God!

**E. Verse 8 - Sin Sickens The Body - David's Sin Had Begun To Take A Physical Toll On Him.**

1. Sin does this! It can damage your health.
2. Paul's warning to the Corinthians - **I Corinthians 11:30**. Because sin replaces joy and peace with worry and fear, it has an impact on our ability to be well.

**F. Verse 10 - Sin Sours The Spirit, David Had A Wrong Spirit -II Samuel 12:1-7.**

1. Sin does this to a child of God. The backslider will be cantankerous, critical, sour, and judgmental.
2. The child of God living in sin is impossible to satisfy and quick to attack others to make them self look better.
  - a. They have spiritual indigestion!
  - b. They feel so miserable, they attempt to compensate by pushing their pain off on others.
  - c. There is only one solution for the sour saint - REPENT!

G. **Verses 13-15** - Sin Seals The Lips - All The Things David Says That He Will Do When He Gets Right With God.

1. Sin will take away your shout, your song, and sharing of your testimony. You can't shout - there's no presence of God.
2. You can't sing - there's no joy. You can't testify - there's no reality in your life.
3. All the while, Satan in pointing at you and laughing, accusing you to keep you down.

H. Perhaps Some Of You Are Right There Today! Not Where You Used To Be With The Lord.

1. Not where you know you ought to be. Not where you could be.
2. Just where you are, cold, indifferent, and backslidden.
3. Thank God! Things do not have to remain the way they are!

### III. THE COMING BACK FROM SIN FOR THE CHILD OF GOD:

Even though you can, or perhaps have fallen into sin you can come back! Notice how:

A. Have The Confidence That God Still Loves You - David Knew That Even With All The Sin He Was Guilty Of, God Still Loved Him.

1. Satan will tell you that God doesn't care, that He doesn't love you, or is through with you. Remember, Satan is a liar! - **John 8:44**.
2. No matter what you've done, or how far you've fallen, God still loves you and wants you to be in a right relationship with Him. For great sin, there is great grace - **Romans 5:20**.

B. Confess Your Sins To God - David Confessed His Sins And God's Right To Judge - **Verse 4**

1. God is not looking for excuses or alibis, He is looking for honesty. Confess = To agree, say the same thing
2. If you want to be right with God, you must come clean - **I John 1:9**.

C. Allow God To Cleanse You - **Verse 7** - David Requested Cleansing

1. When God is permitted to cleanse us, great things take place.
2. The weight of our guilt is removed, our condemnation is taken away, we are freed from the voice of the Accuser, our sin is buried in the grave of forgetfulness, He removes the penalty and pollution of our sin, He restores our joy, and receives us back into close fellowship with Himself.

- a. Don't you want that for yourself?
- b. You can have it right now.

**CONCLUSION:**

Where are you today?

Are you far from God floundering in a sea of sin? Drowning in guilt and shame? No peace and no joy within?

Won't you repent of your sins and return to walk in fellowship with your heavenly Father?